

Southeastern Utah

Recreation Activities Key

Auto Tours Paved roads lead to many of the attractions in Utah's Canyonlands and provide a perfect introduction to the area's magic. A memorable opportunity exists to explore the wonders of nature, whether via a scenic drive in the breathtaking high altitude National Forest or on a roadside tour of our National Parks and Monuments.

Hiking In addition to the hiking trails within the National Parks, trails exist throughout the region providing convenient access to some of the area's lesser known backcountry and prehistoric Indian sites. For the explorer, acres of relatively untouched wilderness awaits. Use existing trails and respect resources.

Mountain Biking A recreational center for mountain bike enthusiasts, the area's range of slick rock, dirt roads, and forest trails offers a multitude of possibilities. Whether you are an amateur or a rider looking for a challenge, the varied landscape of Utah's Canyonlands provides an experience of a lifetime.

4-Wheel Largely a legacy of mining activities, thousands of miles of 4-wheeling and ATV trails exist in the Canyonlands area. A variety of scenery and a range of challenging trails offer the opportunity for countless days of exploration. Area maps are available.

Rock Climbing Hundreds of established climbing routes present new challenges to experienced rock climbers. The endless sandstone walls have an abundance of demanding crack climbs. The scenery is fantastic and the climbing areas are not congested.

Water Activities This area offers some of the finest white water in the country, including the rapids of the Colorado River and the calmer but no less fun white water of the San Juan River. In addition, the Green River offers 120 miles of continuous flat water ideal for canoeing. Lake Powell provides fishing, boating and water skiing. In all, Utah's Canyonlands is a water lover's paradise offering a full range of activities from calm water jet boating to technical kayaking.

Horseback Riding A true horseback paradise, the area offers a variety of exploration opportunities, with guided trips ranging from a few hours to several days. Stable arrangements are available, making horseback adventure convenient and exciting.

Golfing Moab's 18 hole course spreads to the base of rugged red cliffs in view of the La Sal Mountains. The alpine setting of The Hideout, Monticello's 18-hole course, affords dynamic views of the Abajo Mountains and complex terrain with multiple elevation changes. Relaxing and challenging, both courses are considered some of the finest in the state.

Handicapped Accessible Some areas are accessible to all, such as Mule Canyon Ruin and Newspaper Rock Recreation Site. All National Park facilities, most museums, and other commercial attractions are accessible.

ATV ATV trails are maintained throughout the area. Maps are available. All levels of experience are welcome. Tours available.

Flight-Seeing With the perspective of a hawk, a scenic flight provides a special view of the varied landscape of the region. A tour from the air enhances the appreciation of the scope of this remote country and is the perfect compliment to other recreational activities.

Movies The Moab to Monument Valley area has been a popular filming location since early in the 20th century, offering dramatic western landscape for such popular John Wayne classics as Stagecoach, Wagon Master, Rio Grande, and the Comancheros. The area continues to attract film companies producing feature film, commercials, documentaries, and music videos.

Photography Sandstone spires, expansive vistas, spectacular sunsets and the glow of aspens in the fall represent some of the many landscapes that attract both amateur and world-renowned photographers to Utah's Canyonlands.

Hunting / Fishing From alpine lakes to the deep blue waters of Lake Powell, Utah's Canyonlands provides a variety of fishing. For hunters, the area offers some of the best Mule Deer and Elk habitat in the west. In addition, cougar, bear, as well as migratory and upland game seasons are scheduled each year.

Skiing / Snowmobiling With powder snow, high Alpine terrain, and easy access, both the La Sal and Abajo Mountains offer incredible opportunities for cross country skiers and snowmobilers. The La Sal Mountain Range is the second highest in Utah. Call 435-259-SNOW (7669) for mountain winter weather information.

Archaeological Sites Petroglyphs, pictographs, and archaeological structures dating back thousands of years can be found in abundance throughout Southeastern Utah. Maps to popular sites are available at area visitor centers, BLM, and Forest Service offices.

Recreational Guidelines

Out of respect for the delicate ecological nature of the area, and in accordance with the law and common sense, please observe the following while visiting Utah's Canyonlands:

1. Tread lightly when traveling and leave no trace of your camping and hiking.
2. Help keep Canyon Country clean.
3. Protect and conserve scarce desert water sources.
4. Allow space for wildlife.
5. Leave historic sites, Native American rock art, ruins, and artifacts untouched for the future.

Safety Tips For Outdoor Travel

1. Carry water - 1 gallon per person per day.
2. Wear appropriate & protective clothing.
3. Leave your destination and time of return with someone.
4. Plan your trip well.
5. Stay with your group.
6. Carry your cell phone.

