

2004 Lavaman Triathlon**Overall Results - Individuals**

April 4th, 2004

Swim - .93 Miles Bike - 24.8 Miles Run - 6.2 Miles

Plc Name Division Fem Swim Bike Run Overall

Plc	Name	Division	Fem	Swim	Bike	Run	Overall
1	Simon Whitfield #2	Elite					
2	Kevin Bree #217	30-34					
3	Jonathan Barber #224	35-39					
4	James Cotter #11	18-24					
5	Sean Marlowe #3	Elite					
6	Nick Hastie #7	Elite					
7	Scott Miller #77	25-29					
8	Leo McCarthy #376	45-49					
9	Patrick Neill #152	30-34					
10	Eric Foster #253	35-39					
11	John Dougery #258	35-39					
12	Gavin Holles #225	35-39					
13	Dean Panzica #310	40-44					
14	Matt Gustafson #31	18-24					
15	Thad Calciolari #353	40-44					
16	Bree Myers #33	18-24	1				
17	Jason Nixon #345	40-44					
18	Scott McGill #220	30-34					
19	Cullen Burgess #334	40-44					
20	John Henderson #110	25-29					
21	Keith Johnson #379	45-49					
22	Thom McHale #415	55-59					
23	Sean Foote #252	35-39					
24	Peter Peterson #148	30-34					
25	Ingrid Rolles #197	30-34	2				
26	Jeff Radwick #311	40-44					
27	Brandon Del Campo #96	25-29					
28	Keith Krugh #470	30-34					
29	David Casas #198	30-34					
30	Sheri Lehmer #223	35-39	3				
31	L. Kawai Smith #26	1-17					
32	Jahn Sawinski #200	30-34					
33	Stephanie Barber #317	40-44	4				
34	Nakana Rivera #51	18-24					
35	Shari Russell #164	30-34	5				
36	Ray Stainback #301	40-44					
37	Chris Hibberd #240	35-39					
38	Harry Yoshida #426	55-59					
39	Melissa Hall #114	25-29	6				
40	Jennifer Nottage #232	35-39	7				
41	Brian Wilhite #246	35-39					
42	Maggie Grenier #299	40-44	8				
43	Daniel Hodel #400	50-54					
44	Sean Ryan #56	25-29					
45	Glen Yokotake #287	35-39					
46	Lesley Cens-Mcdowell #417	55-59	9				
47	Dan Abplanalp #94	25-29					
48	Sam Tsui #144	30-34					
49	Mark Friedman #178	30-34					
50	David Bishop #54	18-24					
51	Melanie Aiona #471	30-34	10				
52	Adrian Aponte #463	25-29					
53	Pamela Kruse #347	40-44	11				
54	Jim McPhilomy #264	35-39					
55	Tim Cotter #414	55-59					
56	Derek Monell #321	40-44					
57	Ericka Macy #41	18-24	12				
58	Olga Yarovenko #213	30-34	13				
59	Wayne Brandt #341	40-44					
60	Lokelani McMichael #128	25-29	14				
61	Lawrence Karasek #249	35-39					
62	Bill Curry #392	50-54					
63	Jeff Enzler #292	35-39					
64	Derek Baggerly #250	35-39					
65	James Silber #325	40-44					
66	Brian Oehler #64	25-29					
67	Bruce Stewart #460	50-54					
68	Michael Heffernan #72	25-29					

69	Robert Guidi #324	40-44		:27:36	1:19:03	:52:06	2:38:45
70	Steve Soto-Amundson #388	45-49		:29:28	1:15:42	:53:50	2:39:00
71	Wendy Gaertner #348	40-44	15	:30:53	1:16:24	:51:50	2:39:07
72	Bruno Wipf #461	35-39		:29:48	1:19:44	:49:46	2:39:18
73	Gary Theriault #383	45-49		:34:04	1:17:07	:48:17	2:39:28
74	Vernon Oato #406	50-54		:26:55	1:20:56	:51:42	2:39:33
75	Dane Decker #435	55-59		:29:25	1:19:45	:50:28	2:39:38
76	Rich Fox #183	30-34		:28:36	1:20:32	:50:33	2:39:41
77	John Gustafson #425	55-59		:33:14	1:16:39	:50:39	2:40:32
78	Mike Byam #180	30-34		:27:41	1:23:58	:49:20	2:40:59
79	James Best #431	55-59		:27:42	1:21:54	:51:36	2:41:12
80	Jason Puerto #169	30-34		:35:24	1:18:53	:46:57	2:41:14
81	Will Schaub #268	35-39		:27:29	1:18:03	:55:44	2:41:16
82	Tim Robinson #228	35-39		:31:19	1:18:38	:51:25	2:41:22
83	Millie Cooke #389	45-49	16	:27:22	1:19:39	:54:28	2:41:29
84	Kawika Singson #349	40-44		:31:52	1:20:20	:49:18	2:41:30
85	Hans Petermann #398	50-54		:31:00	1:18:05	:52:47	2:41:52
86	Griffith Yamaguchi #375	45-49		:26:09	1:19:46	:56:09	2:42:04
87	Dick Campbell #408	50-54		:26:49	1:27:36	:47:58	2:42:23
88	Lopaka Quitevis #411	50-54		:30:17	1:20:08	:52:45	2:43:10
89	Michael Burke #331	40-44		:29:30	1:18:06	:55:37	2:43:13
90	Laura Clapp #191	30-34	17	:28:11	1:15:04	1:00:03	2:43:18
91	Wm Patrick McLain Jr.	35-39		:24:45	1:21:49	:56:52	2:43:26
92	Steve Diggs #295	40-44		:27:39	1:22:08	:53:42	2:43:29
93	Joel Clement #133	35-39		:24:49	1:15:45	1:03:09	2:43:43
94	Frank Thomas #405	50-54		:33:28	1:18:40	:51:50	2:43:58
95	Jerry Ewing #422	55-59		:29:39	1:21:34	:52:50	2:44:03
96	Matthew Collins #157	30-34		:20:54	1:23:09	1:00:19	2:44:22
97	Colleen Costigan #36	18-24	18	:23:56	1:24:24	:56:03	2:44:23
98	Tom McCue #442	60-64		:34:50	1:19:57	:49:40	2:44:27
99	Justin Vierzbicke #150	30-34		:27:38	1:19:53	:57:54	2:45:25
100	Lisa Nelson #118	25-29	19	:32:29	1:19:31	:53:27	2:45:27
101	Jackie Hofmann #396	50-54		:28:38	1:20:36	:56:25	2:45:39
102	Matthew Malinowski #29	18-24		:26:51	1:20:32	:58:18	2:45:41
103	Kristin Loberg #83	25-29	20	:29:56	1:20:57	:54:49	2:45:42
104	Frank Adornato #433	55-59		:29:57	1:20:26	:55:38	2:46:01
105	Christopher Bellah #343	40-44		:29:40	1:19:18	:57:29	2:46:27
106	Brian McCutcheon #230	35-39		:30:57	1:18:31	:57:33	2:47:01
107	Mark Boll #181	30-34		:29:36	1:20:15	:57:33	2:47:24
108	Jeffrey Callaan #282	35-39		:33:16	1:21:11	:53:11	2:47:38
109	Emily Yau #125	25-29	21	:27:15	1:23:01	:58:11	2:48:27
110	Grant Beauprez #221	35-39		:31:41	1:19:07	:57:57	2:48:45
111	Ashley Phillips #55	25-29	22	:26:45	1:29:54	:52:31	2:49:10
112	Eric Hoffman #165	30-34		:24:19	1:25:04	1:00:16	2:49:39
113	Tim Taylor #326	40-44		:27:56	1:27:14	:55:01	2:50:11
114	Elisabeth Hession #71	25-29	23	:31:19	1:26:56	:52:44	2:50:59
115	Racheal McGinnis #98	25-29	24	:33:52	1:23:00	:54:29	2:51:21
116	Debra Kim #171	30-34	25	:24:59	1:27:17	:59:18	2:51:34
117	Ruben Ruiz #146	30-34		:37:22	1:25:32	:48:47	2:51:41
118	Tom Solis #451	60-64		:30:16	1:20:04	1:01:26	2:51:46
119	Joy Bacwaden #93	25-29	26	:27:01	1:24:25	1:00:26	2:51:52
120	Wendy Gallagher #193	30-34	27	:27:09	1:24:12	1:00:35	2:51:56
121	Laura McHale #412	55-59	28	:31:03	1:22:00	:59:08	2:52:11
122	Suzanne Tignor #207	30-34	29	:36:22	1:20:34	:55:20	2:52:16
123	Kevin Wood #130	25-29		:32:34	1:22:57	:57:03	2:52:34
124	James Lyke #115	25-29		:32:18	1:27:49	:52:31	2:52:38
125	Daniel Miller #32	18-24		:31:02	1:21:29	1:00:15	2:52:46
126	Gerd Weber #399	50-54		:28:08	1:18:25	1:06:28	2:53:01
127	Regis Lee #194	30-34		:26:24	1:24:34	1:02:14	2:53:12
128	George Simpson #182	30-34		:27:27	1:27:30	:58:25	2:53:22
129	David Kiley #368	45-49		:31:05	1:26:39	:56:11	2:53:55
130	Scott Gaertner #254	35-39		:30:14	1:24:19	:59:36	2:54:09
131	John Dermengian #327	45-49		:30:02	1:25:25	:58:49	2:54:16
132	Alicia Covill #337	40-44	30	:28:10	1:25:49	1:00:27	2:54:26
133	Johnny Chapin #449	60-64		:32:12	1:24:05	:58:55	2:55:12
134	Jay Williams #120	25-29		:27:51	1:19:05	1:08:27	2:55:23
135	Bridget Clarke #255	35-39	31	:37:02	1:30:11	:48:20	2:55:33
136	John Miranda #239	35-39		:30:50	1:28:59	:56:35	2:56:24
137	Dard Aller #468	50-54		:28:04	1:26:39	1:01:49	2:56:32
138	Mike Gwaltney #267	35-39		:33:51	1:18:42	1:04:08	2:56:41
139	Dave Jung #393	50-54		:29:25	1:26:57	1:00:27	2:56:49
140	Sam Clark #271	35-39		:32:59	1:25:14	:58:49	2:57:02
141	Franklin Marcus #364	45-49		:28:43	1:28:47	:59:52	2:57:22
142	Seth Heald #90	25-29		:33:39	1:27:20	:56:26	2:57:25
143	Mark Cooksley #304	40-44		:33:52	1:22:00	1:02:05	2:57:57
144	Laurie Beers #373	45-49	32	:29:11	1:21:57	1:06:59	2:58:07
145	Art Ramirez #204	30-34		:38:47	1:27:18	:52:43	2:58:48
146	Amy McElroy #201	30-34	33	:32:52	1:29:21	:56:40	2:58:53
147	Lori Krupa #352	40-44	34	:52:15	1:31:11	:35:35	2:59:01
148	Richard Michaels #281	35-39		:33:42	1:23:21	1:02:01	2:59:04
149	Norm Nakagawa #387	45-49		:32:19	1:22:55	1:03:56	2:59:10

150	Gregory Costanza #37	18-24		:37:24	1:25:54	:56:17	2:59:35
151	Tom Field #332	40-44		:33:19	1:26:15	1:00:10	2:59:44
152	Megan Jackley #100	25-29	35	:35:39	1:32:31	:51:42	2:59:52
153	Eleta Trejo-Cantwell #212	30-34	36	:29:12	1:30:20	1:00:26	2:59:58
154	David Estess #429	55-59		:28:29	1:27:19	1:04:12	3:00:00
155	Norman Slaught #257	35-39		:32:26	1:27:51	:59:57	3:00:14
156	Meng Ngov #290	25-29		:41:42	1:23:26	:55:08	3:00:16
157	Yasuhiro Nishida #293	35-39		:41:25	1:24:48	:54:12	3:00:25
158	Harper Van Steenhouse #52	18-24		:29:30	1:26:15	1:04:59	3:00:44
159	Paula Gomez #58	25-29	37	:35:46	1:25:25	:59:39	3:00:50
160	Deeann Mitchell #288	35-39	38	:31:08	1:26:26	1:03:18	3:00:52
161	Pammer Kidani #407	50-54	39	:33:59	1:24:32	1:02:22	3:00:53
162	Richard McDowell #391	50-54		:33:18	1:30:45	:56:54	3:00:57
163	Tricia Erich #79	25-29	40	:33:30	1:30:25	:57:03	3:00:58
164	Amy Molen #107	25-29	41	:30:49	1:26:29	1:03:41	3:00:59
165	Neil Hosking #469	30-34		:31:23	1:29:29	1:00:27	3:01:19
166	Sarah Christensen #69	25-29	42	:33:51	1:31:38	:56:02	3:01:31
167	Paloma Vidgen #28	1-17	43	:23:32	1:31:18	1:07:20	3:02:10
168	Ron Myklebust #397	50-54		:32:17	1:31:17	:58:43	3:02:17
169	Noel Madden #236	35-39	44	:32:57	1:25:52	1:03:50	3:02:39
170	Ruth Rivera #370	45-49	45	:29:18	1:29:18	1:04:07	3:02:43
171	James Beach #320	40-44		:28:47	1:27:37	1:06:20	3:02:44
172	Tammy Kelly #247	35-39	46	:34:50	1:25:51	1:02:05	3:02:46
173	Gregg Lanier #467	40-44		:36:37	1:22:47	1:03:24	3:02:48
174	W. Brian Kelley #196	30-34		:35:04	1:27:42	1:00:09	3:02:55
175	Marcia Kreofsky #428	55-59	47	:31:14	1:28:20	1:03:38	3:03:12
176	Terra Schaad #87	25-29	48	:33:25	1:30:48	:59:22	3:03:35
177	Lisa Vos #147	30-34	49	:36:37	1:27:39	:59:33	3:03:49
178	Deborah Voss #145	30-34	50	:25:18	1:32:43	1:06:27	3:04:28
179	Marc Rasp #184	30-34		:35:46	1:24:30	1:04:21	3:04:37
180	Dustin Girard #67	25-29		:33:54	1:34:41	:56:03	3:04:38
181	Edward McQuillan #351	40-44		:29:53	1:23:14	1:11:37	3:04:44
182	Joe Killian #466	45-49		:32:59	1:29:30	1:02:38	3:05:07
183	Diane McCary #438	60-64	51	:32:03	1:31:47	1:01:17	3:05:07
184	Caroline Gay #97	25-29	52	:27:27	1:32:14	1:05:41	3:05:22
185	Dana Abplanalp #162	30-34	53	:31:36	1:26:20	1:07:27	3:05:23
186	Brian Cuddy #154	30-34		:32:25	1:31:47	1:01:31	3:05:43
187	Jamie Tobin #289	25-29	54	:32:14	1:25:58	1:07:45	3:05:57
188	Susan Nixon #266	35-39	55	:32:26	1:30:56	1:02:48	3:06:10
189	Kathy Cahill #241	35-39	56	:27:53	1:35:05	1:03:34	3:06:32
190	Bob Laird #437	60-64		:28:58	1:27:47	1:09:49	3:06:34
191	Alan Laird #86	25-29		:27:48	1:28:42	1:10:06	3:06:36
192	Elisa Everts #276	35-39	57	:31:15	1:27:52	1:07:37	3:06:44
193	Danny Breatchel #338	40-44		:33:19	1:32:22	1:01:04	3:06:45
194	Sarah Bergman #135	25-29	58	:30:35	1:31:35	1:04:42	3:06:52
195	Karen Hand #390	45-49	59	:30:38	1:38:22	:57:56	3:06:56
196	Joel Duker #53	18-24		:29:54	1:20:28	1:16:51	3:07:13
197	David Erlich #270	35-39		:39:44	1:24:26	1:03:07	3:07:17
198	Watson Lohmann #329	40-44		:32:49	1:27:04	1:07:25	3:07:18
199	Rachel Campbell #458	30-34	60	:34:08	1:30:19	1:02:52	3:07:19
200	Michael Hunter #80	25-29		:38:57	1:21:00	1:07:54	3:07:51
201	Joni Metzler #356	45-49	61	:33:17	1:29:37	1:05:24	3:08:18
202	Ramon Perez #63	25-29		:36:01	1:28:36	1:03:44	3:08:21
203	Dick Smith #444	60-64		:33:08	1:30:44	1:04:41	3:08:33
204	Kerri Love #134	25-29	62	:31:29	1:30:37	1:06:32	3:08:38
205	Jennifer Macniven #99	25-29	63	:34:28	1:31:44	1:02:54	3:09:06
206	Tracey Moss #216	30-34	64	:29:41	1:32:17	1:07:09	3:09:07
207	Andrew Pope #222	35-39		:33:01	1:37:16	:59:40	3:09:57
208	Taiga Ryu #81	25-29		:32:02	1:33:43	1:04:14	3:09:59
209	Andrew Blaize #401	50-54		:33:06	1:36:03	1:01:02	3:10:11
210	Paul McCarthy #307	40-44		:29:43	1:29:59	1:10:49	3:10:31
211	Christina Lovitt #129	25-29	65	:27:31	1:30:55	1:12:22	3:10:48
212	Beth Overstreet #78	25-29	66	:32:41	1:33:37	1:04:35	3:10:53
213	Jon Shlens #61	25-29		:36:34	1:35:13	:59:16	3:11:03
214	Ricky Merschorf #432	55-59		:42:07	1:30:27	:58:40	3:11:14
215	Leann Matsumura #155	30-34	67	:25:55	1:31:36	1:13:50	3:11:21
216	Roth Herrlinger #261	35-39		:31:15	1:32:59	1:07:15	3:11:29
217	Garth Fowler #219	30-34		:33:27	1:31:01	1:07:10	3:11:38
218	Jeffrey Strang #163	30-34		:41:02	1:29:50	1:00:56	3:11:48
219	Patricia Wundrow #88	25-29	68	:34:58	1:49:59	:46:51	3:11:48
220	Jimmy Louis #167	30-34		:27:33	1:35:20	1:09:12	3:12:05
221	Dina Maxwell #186	30-34	69	:29:14	1:35:08	1:08:56	3:13:18
222	Joel Royston #378	45-49		:36:47	1:30:02	1:06:45	3:13:34
223	Charlie Maloney #344	40-44		:32:26	1:31:18	1:09:52	3:13:36
224	Arlene Gerety #440	60-64	70	:42:13	1:23:07	1:08:30	3:13:50
225	Sarah Moosbrugger #65	25-29	71	:37:16	1:34:21	1:02:18	3:13:55
226	Doug Summers #335	40-44		:32:21	1:33:18	1:08:29	3:14:08
227	John Clarke #443	60-64		:32:37	1:37:33	1:04:20	3:14:30
228	Laurie Strommer #315	40-44	72	:33:02	1:31:05	1:10:44	3:14:51
229	Eron Drew #124	25-29	73	:36:23	1:37:05	1:02:14	3:15:42
230	Greg Prather #215	30-34		:36:10	1:31:52	1:07:54	3:15:56

231	Kellee Summers #231	35-39	74	:37:31	1:32:23	1:06:12	3:16:06
232	Ethan Penner #303	40-44		:29:38	1:30:09	1:16:27	3:16:14
233	Leslie Rubenstein #137	30-34	75	:33:23	1:24:46	1:18:22	3:16:31
234	Tyler (t. j.) Foster #27	1-17		:26:04	1:43:52	1:06:45	3:16:41
235	Ronald Doble #206	30-34		:34:54	1:32:33	1:09:26	3:16:53
236	Maureen Colaizzi #151	30-34	76	:31:40	1:34:11	1:11:46	3:17:37
237	Toni Reynolds #297	40-44	77	:37:32	1:32:02	1:08:07	3:17:41
238	Derrick Palmer #284	35-39		:36:07	1:30:39	1:10:56	3:17:42
239	Bob Trippler #419	55-59		:33:53	1:43:01	1:01:03	3:17:57
240	Meredith Simpson #140	30-34	78	:30:20	1:33:33	1:14:21	3:18:14
241	Gabriela Yariv #131	25-29	79	:35:05	1:39:22	1:03:57	3:18:24
242	Maru Harper #377	45-49	80	:32:34	1:34:37	1:11:16	3:18:27
243	Shelly Taylor #142	30-34	81	:38:02	1:41:55	:58:34	3:18:31
244	Michael Toombs #139	30-34		:29:50	1:34:26	1:14:20	3:18:36
245	Denise Garrett #108	25-29	82	:38:05	1:41:33	:58:59	3:18:37
246	Todd Sherwood #358	45-49		:39:33	1:37:47	1:01:51	3:19:11
247	Jennifer Ryu #82	25-29	83	:41:27	1:34:28	1:03:35	3:19:30
248	David Brown #111	25-29		:28:40	1:35:07	1:15:52	3:19:39
249	Robbie Klinefelter #333	40-44		:26:43	1:36:22	1:16:36	3:19:41
250	Antony Schinckel #316	40-44		:32:40	1:36:25	1:10:47	3:19:52
251	David Klein #168	30-34		:32:57	1:37:34	1:09:24	3:19:55
252	Jessica Notman #44	18-24	84	:26:37	1:38:15	1:15:35	3:20:27
253	Clint Carr #117	25-29		:31:47	1:31:32	1:17:24	3:20:43
254	Rana Bakhtyari #92	25-29	85	:36:26	1:36:49	1:07:51	3:21:06
255	Carlos Peruyera #126	25-29		:32:23	1:40:46	1:08:02	3:21:11
256	Geraldo Scatena #436	55-59		:30:28	1:33:26	1:17:52	3:21:46
257	Marisol Penner #237	35-39	86	:33:07	1:39:45	1:09:49	3:22:41
258	Annie Lareau #285	35-39	87	:30:10	1:32:35	1:20:03	3:22:48
259	Jody Russell #363	45-49	88	:36:48	1:29:28	1:16:59	3:23:15
260	Brian Koselke #179	30-34		:37:54	1:32:21	1:13:01	3:23:16
261	Andy Sutcliffe #403	50-54		:38:02	1:29:06	1:17:07	3:24:15
262	Lauren Carter #132	25-29	89	:31:12	1:31:59	1:21:15	3:24:26
263	Douglas Leopold #462	40-44		:39:36	1:30:27	1:14:23	3:24:26
264	Judy Stocks #141	30-34	90	:36:28	1:34:14	1:13:50	3:24:32
265	Natalie Hottle #60	25-29	91	:27:32	1:36:59	1:20:06	3:24:37
266	Stacey Loo #263	35-39	92	:50:35	1:28:36	1:05:32	3:24:43
267	Teri Clavell #362	45-49	93	:35:09	1:36:22	1:13:40	3:25:11
268	Anne-Barbara Allen #229	35-39	94	:37:04	1:42:58	1:05:27	3:25:29
269	Sarah Duong #109	25-29	95	:27:34	1:43:11	1:15:07	3:25:52
270	Ruth Lockett #424	55-59	96	:36:53	1:31:34	1:17:56	3:26:23
271	David Gomes #227	35-39		:35:51	1:44:24	1:06:27	3:26:42
272	Paulette Trippler #430	55-59	97	:37:45	1:42:53	1:06:30	3:27:08
273	Jeannette Young #199	30-34	98	:40:08	1:38:33	1:08:32	3:27:13
274	Mary Prevost #313	40-44	99	:32:54	1:35:35	1:18:46	3:27:15
275	Maureen Muldoon-Schaub	35-39	100	:41:30	1:34:46	1:11:13	3:27:29
276	Sada Hertzog #101	25-29	101	:36:18	1:38:40	1:12:34	3:27:32
277	Lori Vos #177	30-34	102	:42:32	1:34:21	1:10:41	3:27:34
278	Jeryl Kolb #342	40-44		:33:59	1:28:00	1:25:51	3:27:50
279	Michael McNaughton #473	35-39		:32:07	1:50:05	1:06:32	3:28:44
280	Una Burns #244	35-39	103	:45:52	1:40:36	1:02:52	3:29:20
281	Paul Siemering #138	30-34		:43:14	1:33:08	1:13:18	3:29:40
282	Danielle Ormsby #143	30-34	104	:29:11	1:42:39	1:17:56	3:29:46
283	Steve Kuo #85	25-29		:41:56	1:29:49	1:18:28	3:30:13
284	Randall Wicks #423	55-59		:38:12	1:35:11	1:16:58	3:30:21
285	David Lichterman #380	45-49		:32:52	1:42:25	1:15:06	3:30:23
286	Lisa Bockenstedt #273	35-39	105	:37:43	1:37:28	1:15:53	3:31:04
287	Jennifer Kuo #104	25-29	106	:33:30	1:39:57	1:17:54	3:31:21
288	Narda Alarcon #45	18-24	107	:32:18	1:44:17	1:15:08	3:31:43
289	Ed Hall #445	60-64		:38:01	1:35:24	1:18:38	3:32:03
290	Sheryl Charleston #259	35-39	108	:47:00	1:38:32	1:06:32	3:32:04
291	Teody Ignacio #278	35-39		:57:47	1:28:15	1:06:16	3:32:18
292	Jennifer Jackson #172	30-34	109	:37:08	1:43:26	1:11:46	3:32:20
293	Michael Wolgast #308	40-44		:38:09	1:31:03	1:24:06	3:33:18
294	Katy Jossy #149	30-34	110	:32:13	1:34:52	1:26:28	3:33:33
295	I. Michael Kasser #439	60-64		:35:20	1:41:36	1:16:55	3:33:51
296	Lori Pawinski #314	40-44	111	:32:24	1:37:41	1:23:59	3:34:04
297	Sharon Sann #46	18-24	112	:38:38	1:50:21	1:05:56	3:34:55
298	Alia Vander Voort #127	25-29	113	:32:00	1:37:31	1:25:24	3:34:55
299	Rommel Hipolito #70	25-29		:38:31	1:42:36	1:14:01	3:35:08
300	Phil Hildebrand #277	35-39		:39:02	1:31:55	1:24:40	3:35:37
301	Andrea Fair #176	30-34	114	:38:34	1:42:02	1:15:16	3:35:52
302	Jamin Seid #59	25-29		:45:25	1:41:50	1:08:41	3:35:56
303	Marty Chavez #160	30-34		:42:11	1:43:56	1:10:34	3:36:41
304	Michael Martin #102	25-29		:31:20	1:44:18	1:21:14	3:36:52
305	Phillip Jones #318	40-44		:32:16	1:48:02	1:16:42	3:37:00
306	Tiffany Sanchez #112	25-29	115	:51:48	1:33:23	1:12:13	3:37:24
307	Tonya Reilly #248	35-39	116	:40:29	1:48:10	1:08:49	3:37:28
308	Kristin Wolowodiuk #30	18-24	117	:26:24	1:55:36	1:16:28	3:38:28
309	Joseph Binning #369	45-49		:45:10	1:38:53	1:14:27	3:38:30
310	Leslie Dean #153	30-34	118	:26:43	1:44:51	1:26:59	3:38:33
311	Cathi Hagerty #360	45-49	119	:42:17	1:41:06	1:15:15	3:38:38

312	Anne Wood #472	30-34	120	:35:00	1:53:41	1:10:09	3:38:50
313	Timothy Fitzpatrick #105	25-29		:38:10	1:41:47	1:19:30	3:39:27
314	Sara Fitzpatrick #34	18-24	121	:31:27	1:45:23	1:22:38	3:39:28
315	Julie Ranuio #62	25-29	122	:41:37	1:38:22	1:19:59	3:39:58
316	Doug Akagi #446	60-64		:35:48	1:37:44	1:26:35	3:40:07
317	Lisa Rogers #189	30-34	123	:32:21	1:44:21	1:24:02	3:40:44
318	Betsy Solis #418	55-59	124	:42:30	1:41:52	1:16:26	3:40:48
319	Joann Sarubbi #365	45-49	125	:41:31	1:42:42	1:17:31	3:41:44
320	Jenny Chiang-Kim #159	25-29	126	:38:07	1:42:57	1:21:52	3:42:56
321	Heather Glovinsky #74	25-29	127	:37:56	1:42:54	1:22:33	3:43:23
322	Kate Bomsta #91	25-29	128	:44:13	1:40:40	1:19:30	3:44:23
323	Kristy Sundberg #43	18-24	129	:41:48	1:40:58	1:21:41	3:44:27
324	Allison Green #106	25-29	130	:42:52	1:51:11	1:11:13	3:45:16
325	Shawna Barlette #384	45-49	131	:47:56	1:41:18	1:16:32	3:45:46
326	Jeff Coleman #210	30-34		:47:09	1:40:30	1:18:36	3:46:15
327	Kathy Hall #395	50-54	132	:40:35	1:34:21	1:32:11	3:47:07
328	Virginia Hawes #238	35-39	133	:44:54	1:36:15	1:26:12	3:47:21
329	Tammera Callahan #280	35-39	134	:38:04	1:46:20	1:23:00	3:47:24
330	Stefanie Silva #113	25-29	135	:35:14	1:49:55	1:22:18	3:47:27
331	James Moran #450	60-64		:44:50	1:38:47	1:24:03	3:47:40
332	Jana Mugford #374	45-49	136	:32:17	1:51:19	1:24:04	3:47:40
333	Eugenia Luvizaro #359	45-49	137	:31:58	1:52:46	1:23:11	3:47:55
334	Casey Hillyer #262	35-39	138	:48:28	1:39:46	1:21:02	3:49:16
335	Lyle Bomsta #205	30-34		:43:31	1:46:19	1:19:34	3:49:24
336	Ryan Petrasanta #50	18-24		:55:07	1:45:16	1:12:16	3:52:39
337	Joyce Duker #409	50-54	139	:38:47	1:46:08	1:28:27	3:53:22
338	Ligaya Lilly Sanchez #121	25-29	140	:37:47	1:42:59	1:32:53	3:53:39
339	Amy Scott #136	30-34	141	:39:14	1:51:54	1:23:20	3:54:28
340	Lauren Rogen #119	25-29	142	:40:27	1:58:09	1:16:33	3:55:09
341	Jennifer Owen #260	35-39	143	:44:17	1:52:45	1:20:02	3:57:04
342	Joel Stevans #465	40-44		:39:01	1:49:52	1:28:54	3:57:47
343	Marty Allen #457	70 & Over		:37:31	1:33:54	1:47:26	3:58:51
344	Andrea Dean #256	35-39	144	:40:22	1:54:55	1:23:59	3:59:16
345	Rachel Ford #174	30-34	145	:35:55	1:45:59	1:37:25	3:59:19
346	Jennifer Foster #173	25-29	146	:39:20	1:42:32	1:37:28	3:59:20
347	Brian Cross #122	25-29		:44:59	1:54:12	1:20:39	3:59:50
348	Elizabeth Bowen #350	40-44	147	:37:25	1:55:44	1:28:16	4:01:25
349	Deb Jaffe #76	25-29	148	:57:22	1:42:18	1:23:22	4:03:02
350	Kim Barras #381	45-49	149	:37:09	1:50:42	1:38:32	4:06:23
351	Baltazar Magdirila #161	30-34		:42:19	1:45:42	1:39:30	4:07:31
352	Brian Wilson #421	55-59		:33:06	1:58:15	1:37:06	4:08:27
353	Carrie Livingston #103	25-29	150	:41:19	2:07:05	1:20:14	4:08:38
354	Amanda Dugan #156	30-34	151	:41:22	2:01:36	1:25:41	4:08:39
355	Amy Traynham #57	25-29	152	:46:06	1:54:31	1:28:50	4:09:27
356	Anne Holderread #274	35-39	153	:37:48	1:59:27	1:33:07	4:10:22
357	Paula Clarkson #202	30-34	154	:42:07	1:53:04	1:35:15	4:10:26
358	Greg Delson #40	18-24		:43:40	2:03:10	1:25:14	4:12:04
359	Geri Robles #283	35-39	155	:53:26	1:53:00	1:27:59	4:14:25
360	Cyndi Dalton #354	40-44	156	:51:08	1:58:27	1:25:31	4:15:06
361	Rita Hirai #464	45-49	157	:35:02	2:05:11	1:35:58	4:16:11
362	Lauren Halverson #48	18-24	158	:50:39	1:57:46	1:27:54	4:16:19
363	Autumn Flores #218	30-34	159	:42:26	2:03:58	1:36:16	4:22:40
364	Trever Rittenhouse #286	35-39		:49:36	1:54:29	1:39:07	4:23:12
365	Mariann Waade-Kurtz #459	40-44	160	:45:14	2:12:13	1:30:23	4:27:50
366	Mirza Patail #123	25-29		:59:28	1:55:59	1:33:03	4:28:30
367	Theresa Lanowitz #305	40-44	161	:53:52	2:04:28	1:34:18	4:32:38
368	Christina Lugani #73	25-29	162	1:00:16	2:05:34	1:27:26	4:33:16
369	Tim Hutcherson #339	40-44		:43:58	2:05:40	1:43:57	4:33:35
370	Tory Grove #336	40-44	163	:53:13	2:00:11	1:41:25	4:34:49
371	Sonia Hunter #192	30-34	164	:46:58	2:07:53	1:45:40	4:40:31
372	Sharon Smith #291	35-39	165	:55:37	2:01:09	1:45:23	4:42:09
373	Cherie Sauer #309	40-44	166	:43:15	1:59:37	2:02:11	4:45:03
374	Karen Rouza #279	35-39	167	1:16:58	2:00:54	1:27:11	4:45:03
375	Mindy Moore #75	25-29	168	:42:03	2:13:04	1:52:39	4:47:46
376	Christina Trujillo #203	30-34	169	1:15:08	2:01:02	1:34:10	4:50:20
377	B.j. Reed #447	60-64	170	:58:06	2:15:25	1:43:20	4:56:51
378	Kathy Francisco #427	55-59	171	1:00:22	2:04:43	1:59:29	5:04:34
379	Karilyn Primeau #170	30-34	172	:41:46	2:25:20	2:01:45	5:08:51
380	Kate Thomas #47	18-24	173	:44:24	2:50:13	1:49:45	5:24:22
381	Erin BlaiZe #35	18-24	174	:51:06	2:33:08	2:00:48	5:25:02
382	Marcia Stewart #300	40-44	175	:51:05	2:33:07	2:00:51	5:25:03
383	Linh Nguyen #42	18-24	176	1:52:06	2:09:34	1:28:12	5:29:52
384	Gladys Cruz #234	35-39	177	2:08:30	2:02:30	1:24:58	5:35:58
385	Myrna Goekler #319	40-44	178	1:37:05	2:32:00	1:39:14	5:48:19
386	Courtney Couso #39	18-24	179	1:23:01	2:41:04	2:02:32	6:06:37
387	Arlette Elaire #158	30-34	180	2:08:34	2:28:57	1:39:09	6:16:40
388	Kouy Kolar #116	25-29	181	2:08:32	2:29:14	1:38:55	6:16:41

2004 Lavaman Triathlon**Overall Results - Relays**

April 4th, 2004

Swim - .93 Miles Bike - 24.8 Miles Run - 6.2 Miles

Plc Name Division Swim Bike Run Overall

1	Suzanne WcKend #601 Brent McMahon Neil Harvey	Elite	:18:53	1:02:10	:46:32	2:07:35
2	Karlyn Neilsen #617 Peter Bartsch Erik Neilson	Mixed	:19:24	1:04:42	:44:51	2:08:57
3	Lauren Groves #602 Lauren Groves Paul Regensburg	Elite	:19:53	1:09:29	:42:08	2:11:30
4	Kalani Scott #620 Bryan Bowers Kalani Scott	Men	:24:32	1:11:56	:42:45	2:19:13
5	Tom Sena #611 Lavadawg Kris Kiser	Men	:22:06	1:10:57	:46:38	2:19:41
6	Amanda Hamilton #616 Janet Higa-Miller Janet Scott	Women	:21:50	1:14:58	:50:31	2:27:19
7	Mo Mathews #612 Ken Russell Harold Frobisher	Men	:29:23	1:17:26	:41:21	2:28:10
8	Ralph Sawyer #626 Frank Snow Chris Tang	Men	:21:54	1:29:38	:39:38	2:31:10
9	Monroe Roos #608 Michelle Bono Jon Kunitake	Mixed	:23:35	1:18:50	:50:06	2:32:31
10	Jeanne Knapp #619 Bill Hall Patty Rikenbaker	Mixed	:27:30	1:14:06	:57:06	2:38:42
11	Ron Hochuli #615 Greig Henderson Pete Hendricks	Men	:26:48	1:17:04	:59:21	2:43:13
12	Rob Walters #604 Keola Walters Jim Wel	Men	:24:34	1:13:38	1:06:43	2:44:55
13	Christine O'Gorman #603 George Goldstine Gwen Hobbs	Mixed	:28:14	1:14:24	1:05:55	2:48:33
14	Blaire Foster #613 Nancy Libidisos Clyde Kidani	Mixed	:24:04	1:33:09	:54:47	2:52:00
15	Mike Mullahey #605 Whitney Lynn Gil Aspen	Men	:23:30	1:17:41	1:10:54	2:52:05
16	Jeanette Vidgen #618 Andrea Rosally Serena Chamberlain	Women	:30:14	1:30:33	:51:55	2:52:42
17	William Reynolds #607 Katherin Matolcsy William Reynolds	Mixed	:33:33	1:28:49	:55:06	2:57:28
18	Cassandra Ooi #610 Jill Jorgensen Vicki Pendegrass	Women	:32:36	1:24:45	1:00:25	2:57:46
19	Cynthia Morse #622 Michael Hrynevych Michael Hrynevych	Mixed	:32:28	1:33:27	:56:54	3:02:49
20	Randy Cadell #625 Randy Cadell Janell Bryant	Phys Chall	:21:31	1:30:20	1:16:38	3:08:29
21	Lance Carter #775 Torrey Falagrady Torrey Falagrady	Mixed	:24:28	1:33:46	1:13:43	3:11:57
22	Shannon Riley #609 Steve Minne Steve Minne	Mixed	:41:35	1:26:21	1:08:00	3:15:56
23	Rocky Campbell #621 Lloyd Leong	Mixed	:32:15	1:29:20	1:20:28	3:22:03

Kealoha Currnan-Medina						
24 Christine Winn #606	Women	:23:22	1:43:07	1:20:56	3:27:25	
Annette Crisanti						
Annette Crisanti						
25 Chad Geddes #623	Men	:23:35	1:37:35	1:35:20	3:36:30	
Bill Pagett						
Bill Pagett						
26 Megan Rose #614	Mixed	:21:33	1:46:26	1:37:06	3:45:05	
John Caires						
Alexus Caires						
27 Patrick Baldwin #624	Mixed	:23:56	1:52:52	1:37:08	3:53:56	
Lynn Stine						
Jayant Ghiara						
