

HOME ARTS

CANNING

There are two age categories: Junior (9-18) and Senior (19+).

CANNING - STATE RECOMMENDATIONS

Canning following special rules based on safe food preservation guidelines from approved sources such as NCHFP, USU Extension, PNE, USDA, and Ball Canning.

- Fruits
- Berries
- Vegetables
- Juice
- Jam
- Pickles
- Meats/fish
- Catsup/Salsa
- All Other

CANNING - GRANDMA'S PANTRY

Home recipes do not necessarily follow research-tested recipes such as NCHFP, USU Extension, PNE, USDA, and Ball Canning.

- Fruits
- Berries
- Vegetables
- Jellies
- Jam
- Pickles
- Meats/Fish
- Catsup/Salsa
- All Other

Product: _____

Method: _____ Water Bath _____ Pressure

Pack: _____ Hot _____ Raw

Length of Processing Time: _____

Pounds (if pressured): _____ Altitude: _____

Date dial gauge was last tested: _____ Date/Year

Processing Date: _____ City: _____

Source of Recipe: _____

Example of a label: