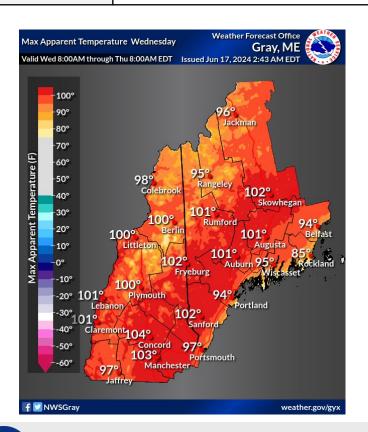
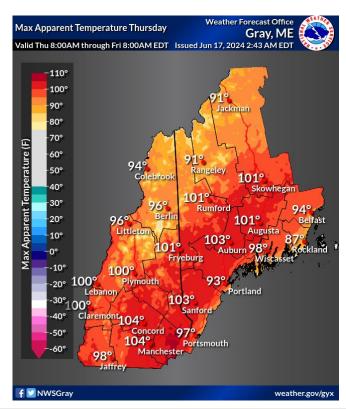


OVERVIEW

- High confidence for a heatwave this week with a prolonged period of hot and humid conditions.
- Heat is expected to peak in the Wednesday through Thursday period. An <u>excessive heat</u> watch has been issued for interior south-central NH and portions of interior southwestern ME. <u>Heat Advisories</u> are in effect for Tuesday. Additional heat headlines can be expected.

TIMING	 Temperatures will warm above 90 in most locations on Tuesday with widespread 90s on Wednesday and Thursday and possibly lasting into Friday.
HAZARDS & IMPACTS	 Multiple days of heat indices in the upper 90s to potentially up to around 105 are possible with temperatures only falling into the 70s at night, offering little relief. Prolonged heat could lead to cumulative impacts through the week as heat builds in buildings. Sea breeze fronts are expected to be minimal but cooler temperatures are likely along the immediate coastline, necks and islands, especially the Mid-Coast. Potential exists for the hottest weather in years with near record to record highs on Tuesday through Friday.
ADDITIONAL INFORMATION	 More information on the new experimental HeatRisk <u>Here</u> / NWS Gray <u>EM Heat</u> <u>Page</u> Tips on beating the heat can be found at: <u>https://www.weather.gov/safety/heat</u>
NEXT BRIEFING	 Additional briefings are likely as we approach the period of high temperatures.





National Weather Service Gray-Portland, ME

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