



## OVERVIEW

- High confidence for a heatwave this week with a prolonged period of hot and humid conditions.
- Heat is expected to peak in the Wednesday through Thursday period. An [excessive heat watch](#) has been issued for interior south-central NH and portions of interior southwestern ME. [Heat Advisories](#) are in effect for Tuesday. Additional heat headlines can be expected.

<b>TIMING</b>	<ul style="list-style-type: none"> <li>Temperatures will warm above 90 in most locations on Tuesday with widespread 90s on Wednesday and Thursday and possibly lasting into Friday.</li> </ul>
<b>HAZARDS &amp; IMPACTS</b>	<ul style="list-style-type: none"> <li>Multiple days of heat indices in the upper 90s to potentially up to around 105 are possible with temperatures only falling into the 70s at night, offering little relief.</li> <li>Prolonged heat could lead to cumulative impacts through the week as heat builds in buildings.</li> <li>Sea breeze fronts are expected to be minimal but cooler temperatures are likely along the immediate coastline, necks and islands, especially the Mid-Coast.</li> <li>Potential exists for the hottest weather in years with near record to record highs on Tuesday through Friday.</li> </ul>
<b>ADDITIONAL INFORMATION</b>	<ul style="list-style-type: none"> <li>More information on the new experimental HeatRisk <a href="#">Here</a> / NWS Gray <a href="#">EM Heat Page</a></li> <li>Tips on beating the heat can be found at: <a href="https://www.weather.gov/safety/heat">https://www.weather.gov/safety/heat</a></li> </ul>
<b>NEXT BRIEFING</b>	<ul style="list-style-type: none"> <li>Additional briefings are likely as we approach the period of high temperatures.</li> </ul>

