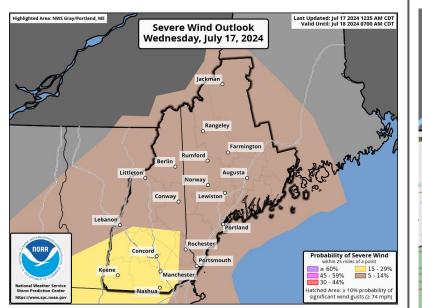
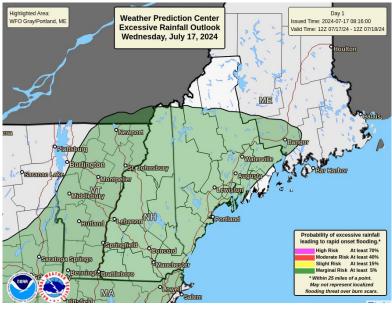


OVERVIEW:

- Hot and humid conditions continue across the region today, not as warm late week
- Rounds of strong to severe storms could bring gusty to damaging winds this afternoon and evening.

TIMING	 A <u>Heat Advisory</u> continues through this afternoon. Primary window for potential severe weather is 3 to 10 PM.
HAZARDS & IMPACTS	 Heat indices will again reach the 95 to 100 range today, with less hot and humid conditions moving in for late week. The primary hazard with storms this afternoon will be damaging winds, particularly across southern NH and through interior ME. Torrential downpours and repetitive storms may result in localized flash flooding. Most susceptible locations are those that have seen appreciable rainfall over the past few days: southern NH, the White Mountains, and the central Kennebec Valley.
ADDITIONAL INFORMATION	 More information on the new experimental <u>HeatRisk</u>. NWS Gray <u>EM Heat Page</u> and <u>Severe Weather Page</u>.
NEXT BRIEFING	 None planned unless conditions change.







National Oceanic and Atmospheric Administration U.S. Department of Commerce National Weather Service Gray-Portland, ME